

Professional Disclosure Statement
A. Logan Benitez, LMFT
LiveWell Psychiatry & Men's Health, LLC
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Philosophy & Approach: I view therapy as a very collaborative process that brings strengths of both clients and therapist together in a journey of exploration. I try to promote balance and overall health and well-being with my foundations in systemic, relational approaches along with curiosity and creativity to help navigate life's difficulties with my clients. As an Oregon licensee, I will abide by the Code of Ethics for counselors and therapists adopted by this Board.

Formal Education & Training: I received my Master of Science in Marriage and Family Therapy from Valdosta State University in Valdosta, GA in 2016. Our coursework focused strongly on systemic and relational theories as well as ethnic and cultural diversity. Our program has second year senior students practicing therapy within the student-run clinic as well as various offsite clinical internship sites under faculty supervision to promote and observe direct clinical experience as part of the clinical practicum curriculum.

Continuing Education & Supervision Requirements: As a licensed marriage and family therapist in Oregon, continuing education is required to maintain active licensure with the state. Generally, counselors and therapists must complete at least 40 hours of continuing education every 2 years during licensure renewal periods including 6 hours of ethics and / or Oregon state laws and regulations, 4 hours of training in cultural competency, and 2 hours of suicide risk assessment.

Fee Schedule: Psychotherapy fees can vary based on session time and whether utilizing insurance or paying out of pocket (self-pay). Generally, at a self-pay rate, sessions can range from \$200 - \$500 and our clinic helps to handle the billing for insurance. Please refer to the clinic site or call for further details or questions related to fees.

Client Bill of Rights per Oregon's Code of Ethics:

You have the right to:

1. Expect that a licensee has met the qualifications of training and experience required by state law;
2. Examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
3. Obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
Report complaints to the Board;
4. Be informed of the cost of professional services before receiving the services;
5. To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions:
**** Reporting suspected child abuse * Reporting imminent danger to you or others * Reporting information required in court proceedings or by your insurance company, or other relevant agencies * Providing information concerning licensee case consultation or supervision * Defending claims brought by you against me***
6. Be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

Oregon Board Information:
Oregon Board of Licensed Professional Counselors and Therapists
3218 Pringle Rd. SE #120
Salem, OR 97302-6312
503-378-5499
lpct.board@mhra.oregon.gov
www.oregon.gov/OBLPCT

Additional information on this therapist or additional counselors or therapists licensed in Oregon can be found on the Board's website.